

ਸਾਫ਼ ਕਲ ਕਨੈਕਟ ਸਕਾਦਰ

25km - 50km - 75km - 100km

#kora challenge

kora bhaktapur

The GREATEST RIDE
in the HIMALAYAS
... and beyond

2025

INFORMATION BOOKLET



#cycleconnectbhaktapur

#korabhaktapur #mykorachallenge

BHAKTAPUR

A Premier Cycling Destination in Kathmandu Valley

Bhaktapur, with its timeless alleys, vibrant courtyards, and living heritage, has always been a city best experienced at a human pace - on foot or on cycle. In the heart of the Kathmandu Valley, Bhaktapur stands out as a pioneering cycling destination, blending heritage exploration with stunning natural landscapes. This city offers a unique cycling experience, weaving together rich cultural immersion and the scenic beauty of its surroundings. Geographically, Bhaktapur resembles a small valley within the broader Kathmandu Valley, encircled by hills on three sides, making it an ideal hub for mountain biking enthusiasts. It serves as a gateway for thrilling MTB trips, from hour-long rides to full-day adventures. Cyclists can pedal through Bhaktapur's living museum of ancient streets or explore nearby hills like Changunarayan, Nagarkot, Ranikot, Sanga, Nalagadhi and Lakuri Bhanjyang. Each trail delivers recreational rides, adrenaline-pumping descents, and breathtaking views, appealing to both casual riders and seasoned adventurers.



CYCLE CONNECT BHAKTAPUR

Our Motto: Pedestrian and Pedal Friendly City

Cycle Connect Bhaktapur (CCB) is a vibrant, community-led initiative dedicated to promoting cycling culture in the historic city of Bhaktapur. Founded in 2021, CCB was born out of a shared vision among local enthusiasts who believed that cycling could be much more than just a means of transport — it could be a powerful tool to bring people together, foster healthier lifestyles, and advocate for a greener, more sustainable city.

What began as a handful of passionate riders meeting every Saturday morning soon grew into a thriving network of cyclists, professionals, and volunteers, united by the simple yet powerful belief: that cycling can transform not just individuals, but whole communities. In just a few years, CCB has grown into a dynamic platform for cyclists of all ages and backgrounds. Through its regular weekly rides, it encourages residents to rediscover the charm of Bhaktapur's alleys, heritage squares, and scenic outskirts.

Its flagship annual event, Kora Bhaktapur, has become the largest cycling challenge of its kind in Nepal, drawing thousands of participants from across the country and even inspiring similar movements in other cities.

CCB also places a strong emphasis on inclusivity and education. Programs like **“Cycling Maicha”** empower women and girls to embrace cycling confidently. **“Cycle Connect Gen Z”** has been established aiming to inspire the next generation to adopt active, sustainable lifestyles. Other initiatives include Fresh fRIDEy, 21 Days Cycling Challenge, Cycle Culture Quest, Flippers, CyCon Weekly and regular cycling events.



KORA CYCLING CHALLENGE

Cycling . Charity . Community

In Tibetan, "kora" means "circumambulation" or "revolution" referring to the practice of walking around a sacred object, place, or person, often in a clockwise direction, as a form of religious or spiritual practice.

Initiated in 2011, the Kora Cycling Challenge began with a modest group of 35 riders in Kathmandu, aiming to raise funds for charity while promoting cycling. Over the years, it has evolved into a global movement, now attracting over 5,500 participants. This growth is evident from its expansion to more than 20 locations within Nepal and internationally, including Australia, Laos, Canada, Scotland, and Singapore. The main event is based in the Kathmandu Valley, starting from Patan, while local events are organized in cities like Bhaktapur, Biratnagar, and Chitwan, among others. The event's history is marked by its increasing scale and inclusivity, with a particular emphasis on encouraging female participation. This aligns with its mission to foster a healthier, greener planet through cycling.

A core component of the Kora Cycling Challenge is its charitable focus, with riders raising funds for causes that align with social good. The Kora Cycling Challenge exemplifies how community events can drive social change, promoting cycling as a sustainable lifestyle while raising significant funds for charitable causes. Its growth from a small initiative to a global movement underscores its impact, particularly in fostering inclusivity and environmental awareness. As it approaches its 15th edition, it continues to unite riders across Nepal and beyond, with a clear focus on bringing light, dignity, and opportunity to families in need.



KORA BHAKTAPUR

Where Pedals Meet Passion!

Kora Bhaktapur, initiated by Cycle Connect Bhaktapur in 2021 with just 50 riders on a 50km route through Bhaktapur's northern and eastern hills, has grown into one of Nepal's most vibrant mass cycling events. By 2022, the event expanded to three routes — the 50km Foothills of Bhaktapur, the 75km Mid Ridges of Bhaktapur, and the 100km Cycle Connect Bhaktapur Circuit, encircling the district and showcasing its rugged beauty. **Kora Bhaktapur 100km is the only Kora route allowing cyclists to completely encircle an entire district in one day.** This unique advantage is only possible in Bhaktapur, Nepal's smallest district, making it a remarkable feat for endurance cyclists.

In 2024, participation soared to over 1,300 riders, with a new beginner-friendly 25km route added to welcome even more cyclists. That year also saw the Kids Kora engaging 100 young riders, fostering the next generation of cyclists. The event's routes feature everything from thrilling downhill like Nagarkot and Trishul Dada to grueling climbs such as Sanga and Ashapuri, all while weaving through Bhaktapur's UNESCO heritage sites, traditional settlements, and stunning hillscapes.

Held every July, Kora Bhaktapur is more than just a ride — it's a celebration of community, sustainability, and the joy of cycling. Riders of all levels can challenge themselves, explore the district, and support the vision of a cycle- and pedestrian-friendly city. Despite logistical and navigational challenges, the event continues to thrive on its signature “babal” spirit, proudly promoting Bhaktapur as a national and international cycling destination.

किनकि — भक्तपुर हो, बबाल हुन्छ!



KORA BHAKTAPUR 2025

Kora Spirit fueled with Community and Volunteerism

Kora Bhaktapur 2025 starts a new chapter as a self-managed, digitally supported event. Unlike before, **there will be no official arrangements—no food stations, volunteers, medical teams, or route markers.** This change emphasizes self-reliance, responsibility, and adventure, inviting riders to embrace the unexpected and push their limits.

From this year, Kora Bhaktapur belongs to the entire community, not just Cycle Connect Bhaktapur. Every participant is both rider and volunteer, united by community support and volunteerism. Our community is our strength. Without official sponsors and zero expenses, we trust the community to carry the event forward like Bhaktapur's age-old jattras and traditions, celebrated yearly with passion and respect despite unknown origins.

Cycling here includes people from all walks of life—politicians, bureaucrats, professionals, doctors, engineers, professors, Chartered Accountants, bankers, managers, businesspeople, students, and enthusiasts. This diversity enriches Kora Bhaktapur, making it a true celebration of endurance, unity, and passion.

Riders must come prepared with water, snacks, repair kits, and first aid. Safety is key—ride carefully, respect communities and traffic, and prepare for rainy season challenges. At its core, Kora Bhaktapur 2025 is more than a ride; it's a journey of personal growth, community bonding, and deep connection to our heritage. Together, we pedal forward with courage, resilience, and the unbreakable spirit that defines Kora.



OUR COMMUNITY
IS
OUR STRENGTH

KORA BHAKTAPUR 2025 EVENT DETAILS

Event Date:
Shrawan 3, 2082 (July 19, 2025)

Start Point:
Na:pukhu, Dudhpati, Bhaktapur



Scan for Google Map
Location of Na:Pukhu



Flag-off Time: 6:00 AM sharp
(We don't wait for anyone.)

End Point:
Juju Bikes, Byasi, Bhaktapur



Scan for Google Map
Location of Juju Bikes



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KORA BHAKTAPUR 2025 IMPORTANT ADVISORY

⚠️ **This year's event has no official support arrangements**

🚫 No water points 🍌 No food points

🚑 No medical support 🛠️ No technical support

⚠️ Don't Forget These

- Sufficient water & snacks
- Basic repair kit & spare tube
- First-aid essentials
- Fully charged mobile phone & emergency contacts
- Map/GPS if available
- Some cash
- Join “Kora Bhaktapur 2025 Whatsapp Intercom”

STAY HYDRATED
PUSH WITHIN YOUR LIMITS
RIDE SAFELY



SAFETY TIPS

- Do not ride alone here. Stay with a group or make friends on the way. Ask locals for directions if unsure.
- Respect local communities, temples, and natural surroundings.
- Pace yourself – the routes have steep uphill and downhill. Ride responsibly and watch out for traffic and pedestrians in populated areas.

RAINY SEASON CAUTION

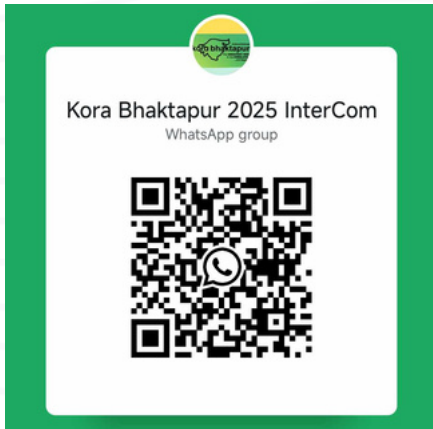
- Expect slippery roads, potential landslides and floods.
- Consult locals about conditions
- Do not take unnecessary risks – your safety is more important than finishing the ride.
- Since this is the rainy season, there is a high chance of rain during the ride. Carry Raincoat!



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KORA BHAKTAPUR 2025 WHATSAPP INTERCOM

!!VERY IMPORTANT!!



- Download and Install “Whatsapp” in your mobile from Playstore/Appstore
- Create your Whatsapp account by following the instructions in the app
- Scan this QR code using Whatsapp Camera
- Add other friends who are joining “Kora Bhaktapur 2025”

All ride coordination will happen via this WhatsApp group.
Joining the group is mandatory for all participants.



Live Location Sharing: On ride day, easily track fellow riders and ensure everyone’s on course.



Real-time Support: Need a hand? Ask for help and support from other participants if you encounter any issues.



Vital Communication: Stay updated on necessary communications throughout the event.



Share the Excitement: Connect with fellow riders before, during, and after the Kora!



**STAY HYDRATED
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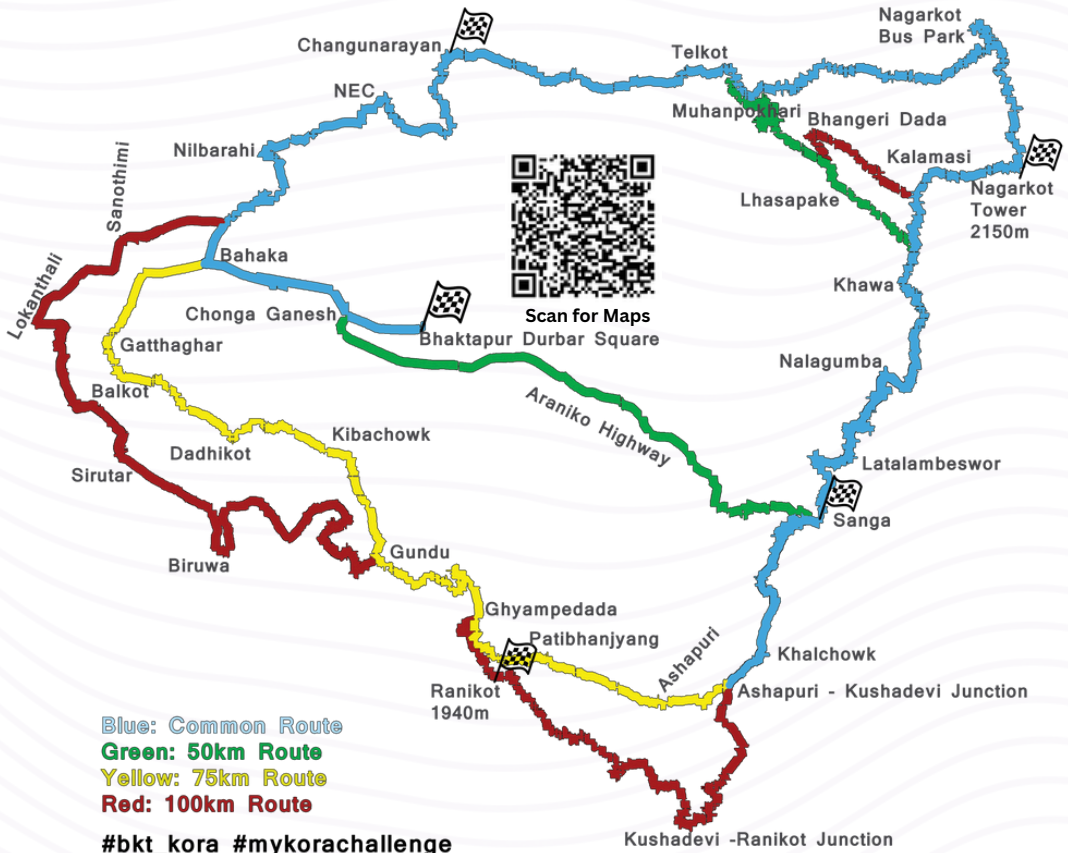
**OUR COMMUNITY
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ROUTE MAPS

GOOGLE MAPS



Click Here for Google Maps Overview



#bkt_kora #mykorachallenge

Kushadevi -Ranikot Junction



STAY HYDRATED
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RIDE SAFELY



OUR COMMUNITY
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KORA BHAKTAPUR 100KM

ROUTE DESCRIPTION

- Start from Napukhu, Ittachen and complete the Bhaktapur Pradakshina Path.
- Exit the old town towards Siddha Pokhari.
- Continue to Chonga Ganesh, then take left to meet Araniko Highway.
- Turn right and ride through Naya Thimi up to Sankhadhar Chowk.
- Climb up towards Balkumari Mandir, continue north through Niga Pukhu to Bahaka Bazaar.
- Head straight towards Bode Marg up to Nilbarahi Junction (Om Shree Mangalmurti Petrol Pump).
- Turn right towards Nilbarahi Temple.
- Use the stairs at the northern side of the temple to descend to the road, then right turn towards APF Camp, continuing to NEC College.
- From NEC Clinic, turn right and climb to Changu High School Chowk.
- Turn left from Pipal Bot, continue to Gelal Gaun Chowk, then left towards Changunarayan Ward No. 4 Office.
- Ride through the beautiful Changu Pine Forest to reach Changunarayan Temple.
- Continue east towards Trishul Danda, take left turns at two junctions before Trishul Danda.
- Ride towards Telkot, take right turn and climb up, continuing to Nagarkot Bus Park.
- From Bus Park, take right towards Nagarkot Tower.
- Descend through Bojini Kalamasi and Bhangeri Dada, continuing to Chareli and Saraswotisthan.
- Proceed to Khawa Krishna Mandir, take left road to Nala.
- On reaching pitch road in Nala, take right turn and climb to Nala Gumba.
- Take the left (dhalan) road south, riding through Khada Gaun Mahakaleswor Mandir, Bhangel, Latalambesor, and onwards to Sanga to meet Araniko Highway.
- Take left on the highway, ride up to Khalchowk, then right and descend to Turture Junction.
- From Turture, turn left and continue through Kushadevi Junction, climbing to Ranikot.
- Descend through Ghyampe Dada and continue to Gundu.
- From Gundu, ask locals for the way towards Tarkhagal – note that there are many new roads and the route can be confusing here.
- Proceed towards Balkot, then to Tikathali, Lokanthali, and Pepsicola.
- Continue eastward, completing a round of Bhaktapur and finish at Bhaktapur Durbar Square
- Medal distribution at Juju Bikes, Byasi, Bhaktapur

STAY HYDRATED
PUSH WITHIN YOUR LIMITS
RIDE SAFELY

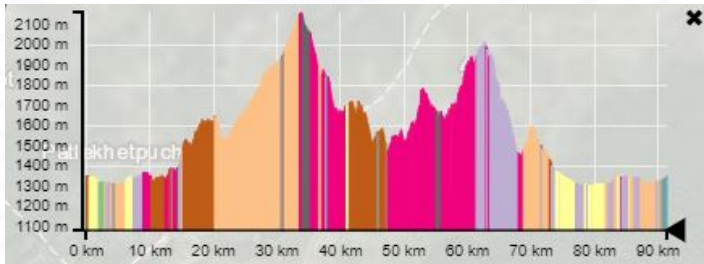


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KORA BHAKTAPUR 100KM

ROUTE MAP AND ELEVATION PROFILE



**OUR COMMUNITY
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KORA BHAKTAPUR 75KM

ROUTE DESCRIPTION

- Start from Napukhu, Ittachen and ride west towards Siddha Pokhari.
- Continue to Chonga Ganesh, then take left to meet Araniko Highway.
- Turn right and ride through Naya Thimi up to Sankhadhar Chowk.
- Climb up towards Balkumari Mandir, continue north through Niga Pukhu to Bahaka Bazaar.
- Head straight towards Bode Marg up to Nilbarahi Junction (Om Shree Mangalmurti Petrol Pump).
- Turn right towards Nilbarahi Temple.
- Use the stairs at the northern side of the temple to descend to the road, then right turn towards APF Camp, continuing to NEC College.
- From NEC Clinic, turn right and climb to Changu High School Chowk.
- Turn left from Pipal Bot, continue to Gelal Gaun Chowk, then left towards Changunarayan Ward No. 4 Office.
- Ride through the scenic Changu Pine Forest to reach Changunarayan Temple.
- Continue east towards Trishul Danda, take left turns at two junctions before Trishul Danda.
- Ride towards Telkot, take right turn and climb up, continuing to Nagarkot Bus Park.
- From Bus Park, take right towards Nagarkot Tower.
- Descend through Kalpeswor Bus Stop, continuing down to Khawa Krishna Mandir.
- Take left road to Nala.
- On reaching pitch road in Nala, take right turn and climb to Nala Gumba.
- Take the left (dhalan) road south, riding through Khada Gaun Mahakaleswor Mandir, Bhargal, and Latalambeswar, and onward to Sanga to meet Araniko Highway.
- Take left on the highway, ride up to Khalchowk, then right and descend to Turtle Junction.
- From Turtle, continue towards Ashapuri, then climb up to Patibhanjyang.
- Ride towards Ghyampe Dada, then descend to Gundu.
- From Gundu, ask locals for the way to Kibachowk – note that there are many new roads and the route can be confusing here.
- Proceed towards Balkot, then to Kaushaltar, Lokanthali, and Sanothimi.
- Continue eastward, completing a round of Bhaktapur and finish at Bhaktapur Durbar Square.
- Medal distribution at Juju Bikes, Byasi, Bhaktapur

STAY HYDRATED
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RIDE SAFELY



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KORA BHAKTAPUR 75KM

ROUTE MAP AND ELEVATION PROFILE



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KORA BHAKTAPUR 50KM

ROUTE DESCRIPTION

- Start from Napukhu, Ittachhen and complete the Bhaktapur Pradakshina Path.
- Exit the old town towards Siddha Pokhari.
- Continue to Chonga Ganesh, then take left to meet Araniko Highway.
- Turn right and ride through Naya Thimi up to Sankhadhar Chowk.
- Climb up towards Balkumari Mandir, continue north through Niga Pukhu to Bahaka Bazaar.
- Head straight towards Bode Marg up to Nilbarahi Junction (Om Shree Mangalmurti Petrol Pump).
- Turn right towards Nilbarahi Temple.
- Use the stairs at the northern side of the temple to descend to the road, then right turn towards APF Camp, continuing to NEC College.
- From NEC Clinic, turn right and climb to Changu High School Chowk.
- Turn left from Pipal Bot, continue to Gelal Gaun Chowk, then left towards Changunarayan Ward No. 4 Office.
- Ride through the serene Changu Pine Forest to reach Changunarayan Temple.
- Continue east towards Trishul Danda, take left turns at two junctions before Trishul Danda.
- Ride towards Telkot, take right turn and descend, then take the U-turn towards Muhan Pokhari.
- Climb up towards Chareli, continue south towards Saraswotisthan.
- Take left from Saraswotisthan and continue to Khawa Krishna Mandir.
- Take left road to Nala.
- On reaching pitch road in Nala, take right turn and climb to Nala Gumba.
- Take the left (dhalan) road south, riding through Khada Gaun Mahakaleswor Mandir, Bhangal, and Latalambesor, and onward to Sanga to meet Araniko Highway.
- Ride west along Araniko Highway towards Jagati.
- Complete a round of Bhaktapur Nagar Ring Road, then enter the old city from Chyamasingh and finish back at Bhaktapur Durbar Square.
- Medal distribution at Juju Bikes, Byasi, Bhaktapur

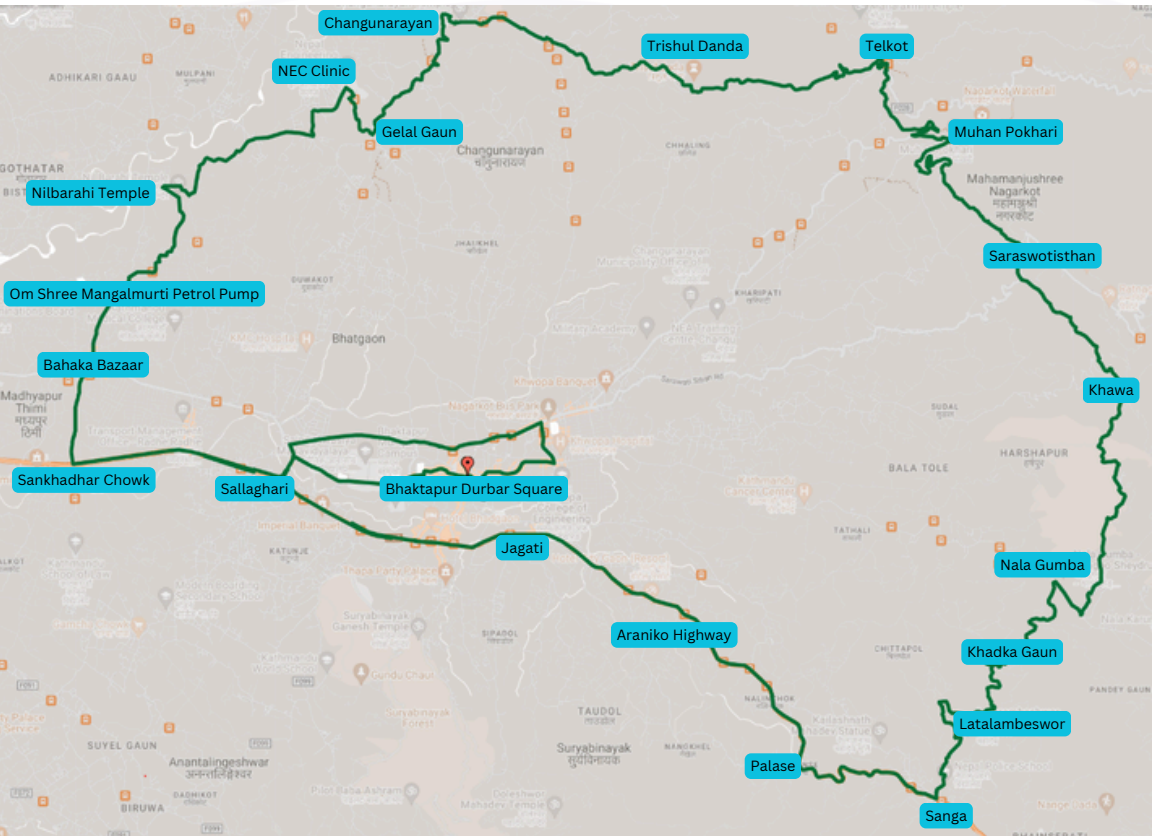
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KORA BHAKTAPUR 50KM

ROUTE MAP AND ELEVATION PROFILE



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KORA BHAKTAPUR 25KM

ROUTE DESCRIPTION

- Start from Napukhu (Dattatreya Square) and complete the Bhaktapur Pradakshina Path through the historic old city.
- Leave the old town towards Siddha Pokhari.
- Continue to Chonga Ganesh, then take left to meet Araniko Highway, and ride right towards Naya Thimi up to Sankhadhar Chowk.
- Climb up towards Balkumari Mandir, continue north through Niga Pukhu to Bahaka Bazaar.
- Continue straight towards Bode Marg up to Nilbarahi Junction (Om Shree Mangalmurti Petrol Pump).
- Turn right and continue towards Nilbarahi Temple.
- Use the stairs at the northern side of the temple to descend to the road, then turn right towards APF Camp, continuing to NEC College.
- From NEC Clinic, take right turn and climb to Changu High School Chowk.
- Turn left from Pipal Bot, continue to Gelal Gaun Chowk, then left towards Changunarayan Ward No. 4 Office.
- Ride through the serene Changu Pine Forest to reach Changunarayan Temple.
- Continue east towards Trishul Danda, taking care to take left turns at two junctions before Trishul Danda.
- Continue towards Telkot, take right turn and descend, then take a U-turn towards Muhan Pokhari.
- (Optionally, riders can take a short detour towards Nagarkot Rani Jhula and descend to Muhan Pokhari.)
- Ride back towards Bhaktapur Kamalbinayak, continue through Chyamasingh, and finish at Bhaktapur Durbar Square.
- Medal distribution at Juju Bikes, Byasi, Bhaktapur

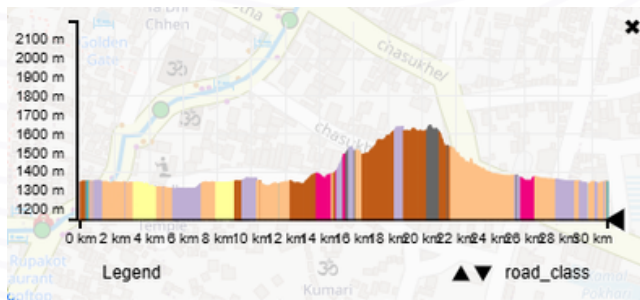
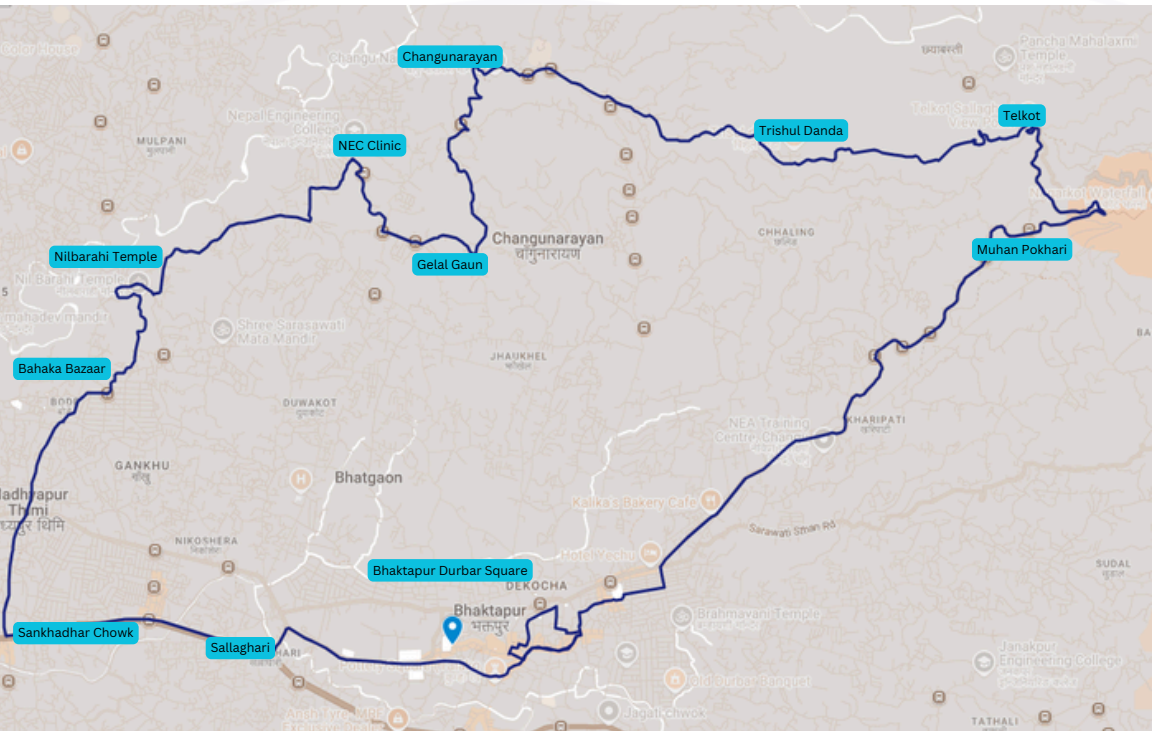
STAY HYDRATED
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RIDE SAFELY



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KORA BHAKTAPUR 25KM

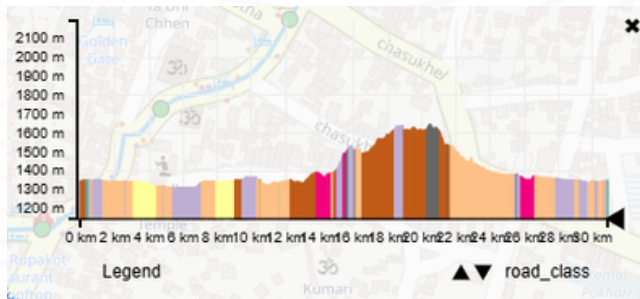
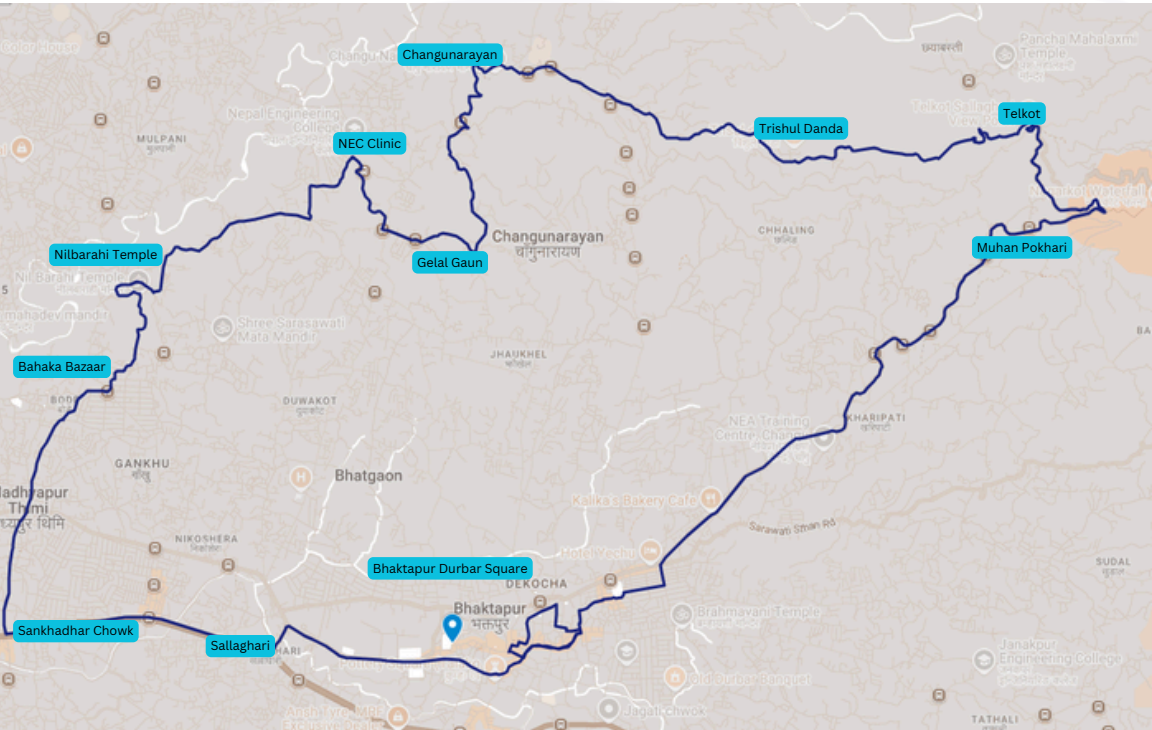
ROUTE MAP AND ELEVATION PROFILE



**OUR COMMUNITY
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KORA BHAKTAPUR 25KM

ROUTE MAP AND ELEVATION PROFILE



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ESSENTIALS CHECKLIST

Preparing for the Kora is more than just a ride;
it's a commitment.

(Here is our essential checklist on top of the basic necessity)

Bike Repair & Maintenance

- ☐ Spare tube(s)
- ☐ Tire levers
- ☐ Mini pump or CO₂ inflator
- ☐ Multi-tool (with Allen keys)
- ☐ Chain tool or Quick Link
- ☐ Patch kit (optional)

Personal Safety & First Aid

- ☐ Basic first aid kit (wipes, band-aids, pain relief)
- ☐ Personal medication
- ☐ Emergency contact card
- ☐ Whistle (optional)

Clothing & Comfort

- ☐ Helmet (mandatory)
- ☐ Cycling gloves
- ☐ Sunglasses
- ☐ Jersey + padded shorts
- ☐ Windbreaker / rain jacket
- ☐ Arm/leg warmers (if needed)
- ☐ Sunscreen

Nutrition & Hydration

- ☐ Water bottle(s) / Hydration pack
- ☐ Energy bars / gels / dry fruits
- ☐ Electrolyte tablets / powder (Jiwan Jal/Glucose)
- ☐ Banana or light snack

Navigation & Communication

- ☐ Fully charged mobile phone
- ☐ Offline map / GPS / cycling computer
- ☐ Power bank
- ☐ Printed route map

Other Useful Items

- ☐ Small amount of cash
- ☐ ID card
- ☐ Front and rear lights
- ☐ Cable lock (optional)
- ☐ Zip ties / duct tape (optional) - for quick fix

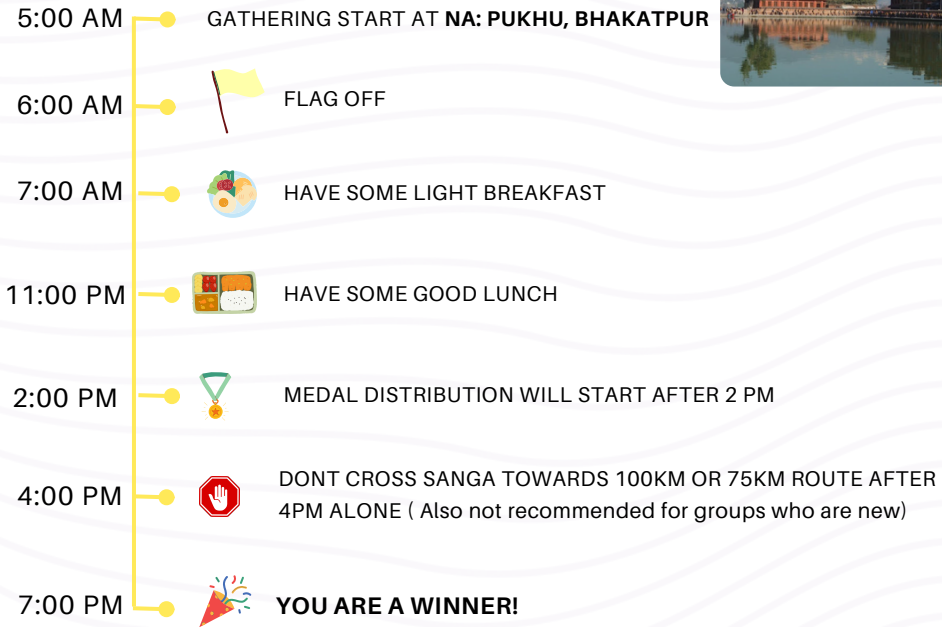
STAY HYDRATED
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RIDE SAFELY



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TENTATIVE TIMELINE FOR KORA DAY

JULY 19, 2025



DON'T FORGET TO ENJOY THE VIEW, HAVE SOME SNACKS AND TAKE PHOTOS AND VIDEOS ON THE WAY

STAY HYDRATED
PUSH WITHIN YOUR LIMITS
RIDE SAFELY



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EMERGENCY CONTACTS

SAVE THESE NUMBERS

POLICE/ SECURITY

- National Police Emergency: 100
- District Police Office Bhaktapur: 01-6614821, 01-6614708
- Bagmati Province Duty Officer Bhaktapur: 9851283020
- Tourist Police: 014-226359, 014-247041

AMBULANCE & MEDICAL TRANSPORT

- Bhaktapur Municipality Ambulance: 01-6613200, 9851082799
- Dr. Iwamura Memorial Hospital Ambulance: 9860025333
- Bhaktapur Cancer Hospital Ambulance: 9860171552
- Red Cross Bhaktapur Ambulance: 01-6612266 / 9841489408
- Thimi Red Cross Ambulance: 9849170256
- Nagarkot Local Ambulance: 9747233600
- Sudal Ambulance: 9843633744

HOSPITALS & HEALTH POSTS

- Bhaktapur Hospital: 01-6610798, 016610676
- Bhaktapur International Hospital: 01-6637171 / 01-6637271, 9861991100
- Dr. Iwamura Memorial Hospital: 01-6612695, 01-6612705
- Bhaktapur Cancer Hospital: 01-6611532
- Madhyapur Hospital / Health Centers: 01-5093395, 01-5093372, 01-5093388
- Siddhi Memorial Women & Children Hospital: 01-6612945
- Public Health Centre Chyamasingh: 01-6610317
- Changu Health Post: 9849424813

BLOOD SERVICES

- Bhaktapur Blood Bank (Red Cross): 01-6612266, 01-6611661



OUR COMMUNITY
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STAY CONNECTED

STAY UPDATED

Stay Connected with Us!

Be part of our growing cycling community,
stay updated on events, stories, and more:

Website: www.cycleconnectbhaktapur.org.np

Instagram: [@cycleconnect.bhaktapur](https://www.instagram.com/cycleconnect.bhaktapur)

Facebook: [@cycleconnect.bhaktapur](https://www.facebook.com/cycleconnect.bhaktapur)

Facebook Group: facebook.com/groups/1199619807154977

YouTube: youtube.com/@cycleconnectbhaktapur3367

WhatsApp Community : [Click to Join our Whatsapp Community](#)

Viber Community: [Click to Join our Viber here](#)

Email: cycleconnect.bhaktapur@gmail.com

Scan the QR below to access all our socials & website instantly:



WEBSITE



OUR COMMUNITY
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CYCLING DESTINATIONS AROUND BHAKTAPUR

Kathmandu

Kabherpalanchok

Bhaktapur

Lalitpur

Kotdada

Godawari

Marble Dada Godawari

Changuanarayan

Shanti Dada

Trishul Danda

Balmikeswor Mahadev

Mahamanjudhree Temple

Bojhee Dam

Rani Jharana

Rani Jhalunge

Muhan Pokhari

Ugarkot Tower

Madhyapur Thimi

Nilbarahi Temple

Bhaktapur Durbar Square

Nala Gumba

Sapaneswor Mahadev

Nala Gadhi

Suwarneswor

Anantalingeswor

Gundu Chaur

Pilot Baba Ashram

Lakuri Bhanjyang

Malgauin kakrabari

Bokacho Gadhi

Rajitkot

Doleswor Mahadev

Valentines Hill

Gosatti

- Legend**
- District Border
 - Bhaktapur District
 - 100km Cycle Connect Bhaktapur Circuit
 - Major Cycling Destinations
 - Short Ride
 - Half Day Ride
 - Day Ride

